

## Lesson 9

# Divine Money

a digital program to  
Elevate Your Money Mindset  
[www.intuitivecoachingwithamy.com](http://www.intuitivecoachingwithamy.com)

## Gratitude for Your Present & Future Life

**Exercise:** Write a gratitude list for everything you appreciate in your present moment. Aim to write down 25-30 experiences. Challenge yourself to write down “why” you appreciate it.

**The statement:** “I am so happy and grateful for \_\_\_\_\_  
because \_\_\_\_\_.”

**Example:** *I am so happy and grateful for income because it allows me to finance my life.*

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**Exercise:** Write a gratitude list for things or experiences you would like to have in the **future** as if they have already happened. Be specific. Aim to write down 25-30 experiences.

**The statement:** "I am so happy and grateful for\_\_\_\_\_."

**Example:** *I am so happy and grateful for my new red Prius.*

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