

Divine Money

a digital program to
Elevate Your Money Mindset

www.intuitivecoachingwithamy.com

Your 100K Inheritance

Exercise: Your distant Aunt Mary has left you \$100,000. Free and clear. The taxes have been paid. Her will states that in order to receive it, you have to prepare a plan of how you will specifically use the money. You can use the money as you please, but she wants you to designate some for savings, spending and learning. *How would you use the money?*

Instructions: 1. Act as if the money is really coming to you. 2. Notice any negative or limiting beliefs that come up as you prepare your plan. Ask yourself “why” you want what you want. Seek the soulful answer from within. 3. Write down your plan or record it using the voice memo on your phone. I want to challenge you to type it up as if it were a real document being used for legal purposes. 4. Do not estimate. Know the actual numbers. If need be, do some research. *How much does it really cost?* 5. Infuse this process with real, positive emotions. Get excited as if you know for sure this money is available to you. **Bonus step:** Share your plan with someone you love and trust.

Make your list below (and the back) and then type up your formal request: